



LITTLE STOKE PRIMARY BREAKFAST CLUB

Healthier, Happier & More Active!

Dear Parents & Carers

Our Breakfast Club continues to flourish and we are pleased to report that we have good numbers attending throughout the week. We would still like to encourage more children to attend even if it is just for one day a week or occasional sessions so they can experience some of the exciting activities going on and to enjoy our 'healthy eating' breakfasts. The cost for a session is just £2 per person and can be booked on the on-line payment system or on the morning of arrival as your child is signed in. It runs from 8am-8.45am and children can arrive at any time up until 8.30am.

What we can offer:

- ✚ Activities - both the high-energy hall games and the quiet games.

Every Tuesday morning from 8.15am we have a qualified sports coach at the Breakfast Club session playing fun games and activities with the children either on the playground or indoors.

- ✚ Food – a good range of healthy options. The food choices include :

- a range of cereals e.g. Weetabix, cheerio's, bran flakes,
- toast served with jam, honey, marmite etc.
- porridge
- Fruit
- Waffles, pancakes, brioche & bagels
- Yoghurt.
- Fruit juices, milk, water & occasional treats of milkshake & hot chocolate.

- ✚ Spending time with friends – a chance to relax with friends and pupils from across the school, mixing with all age groups and gaining great social skills.

The Club is run by Miss Elfring, a Teaching Assistant and qualified First Aider, she is assisted by Mrs Silvester and we are welcoming a new member of the team Miss Beech who is starting with us this week.

To further improve our Breakfast Club we are giving a short questionnaire to the children who attend and we would also like parents to complete the questionnaire attached, whether your child currently attends or not, so we can provide the best facilities possible. Thank you.



Parent Questionnaire

Does your child/ren currently attend Breakfast Club?

- Yes No Occasionally

How could Breakfast Club support you?

- a safe place for my child to go Help provide breakfast
 help me get to work more easily Other _____

What types of food do you think should be available?

- Breakfast Cereal Toast Porridge Fruit Yoghurt
 Juice Hot Drink Muffin Waffle
 Other _____

What else do you think is important for a good Breakfast Club (tick all that apply)?

- play games talk to friends take part in sporting activities
 talk to teachers read listen to music
 Other _____

Would you attend themed Pupil/Parent breakfast introduced occasionally before Celebration Assemblies?

- Yes No

Ideas for themes _____

Do you have any other ideas to improve our Breakfast Club in any way?

Thank you for taking part.

Please return to the school office by Monday 29th January 2018.