

# Your Rights and Responsibilities

## What our school does to respond to bullying

- We take bullying seriously
- We listen to the children involved
- We always deal with bullying behaviour and make sure children understand why it is wrong
- We take steps to protect and support children who have been bullied
- We work with children who have bullied to change their behaviour.



## Little Stoke Primary School Pupil Anti-Bullying Policy

Bullying happens.....

What to do .....

**S**everal

**S**tart

**T**imes

**T**elling

**O**n

**O**ther

**P**urpose

**P**eople

Together we can **STOP** it

### OUR RESPONSIBILITIES

To listen

To be honest

To look after each  
other

To think about how  
others feel

To do our best

Be polite

### OUR RIGHTS

We all have the right to  
be safe

We all have the right  
to an education

We all have the right to  
be happy

We have the right to be  
heard and to make the  
right choices

# What is bullying?

In our school, bullying is hurting someone, more than once, on purpose by using behaviour or words which are meant to frighten or hurt that person.

## Bullying can be .....

**Emotional:** Hurting people's feelings, leaving you out



**Physical:** punching kicking, spitting, hitting or pushing.



**Verbal:** being teased, name calling



**Written:** letters, notes, graffiti



**Cyber:** saying unkind things by text email and on the internet



**Racial or Religious:** Calling people names or being unpleasant to people because of their race, skin colour, cultural heritage or religion

**Sexual:** unwanted or inappropriate touching or rude comments

**Homophobic:** treating people badly because they

# What if I am being bullied?

## You Should:

- ⇒ Tell someone and get help straight away
- ⇒ Try to stay calm
- ⇒ Walk away with a smile on your face
- ⇒ Support each other



## You Should Not:

- ⇒ Try not to show your emotions
- ⇒ Don't react and don't be nasty back
- ⇒ Don't keep it to yourself
- ⇒ Don't get involved in other people's problems—get help

