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Online Safety Newsletter

December 2015

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Information for Online Safety Leader

CEOP Update about "Blast" documentary

On Monday 7 December, Channel 4 broadcast the first of two documentaries focusing on the work of the National Crime Agency, including CEOP Command.

The programme called *Hunting the Paedophiles - Inside the National Crime Agency* followed Operation Perdition. This was an investigation led by CEOP Command into online blackmail and sexual abuse of boys by offenders who used fake social media profiles. Law enforcement agencies identified and supported hundreds of victims in the UK. Four Bahraini nationals were arrested and convicted and are now serving prison sentences in Bahrain.

All the known victims have been identified and safeguarded, but it is possible that there are some victims who have not yet come forward. Watching the documentary may prompt them, or others who have been a victim of child sexual abuse, to make a disclosure. Consequently, there may be a need for help to support distressed children and families following a new disclosure. There are ways in which you can support anyone affected by the programme:

- Ensure your safeguarding policy is clear about reporting and support.
- Ensure all know that anyone can report direct to CEOP by using the 'Report Abuse' button at www.ceop.police.uk/click-ceop.
- Make sure young people in your setting know that if they are worried about anything that has happened online, it is not their fault and they should seek help. Make sure they know who to talk to in your organisation.
- Encourage young people to visit www.thinkuknow.co.uk, and make sure they know how to use the CEOP 'Report Abuse' button. Remind them that they can call ChildLine in confidence on 0800 1111.

To deliver a session for young people on staying safe from online blackmail and abuse at your school, download the Thinkuknow 'Webcam with Confidence' pack. These resources were

developed in response to the offences detailed in the programme, and include:
- A scripted presentation to use in an assembly or lesson
- A factsheet for young people
- A letter to send to parents encouraging them to talk to their children

The pack can be downloaded from the Thinkuknow resources area under the '11-16' tab at: www.thinkuknow.co.uk/teachers/resources.

You can signpost concerned parents and carers to the new Thinkuknow Parents and Carers website at www.thinkuknow.co.uk/parents. The site contains a wealth of information, guidance and support for parents. There is specific guidance for anyone who fears that their child has been a victim of online sexual exploitation or abuse here [www.thinkuknow.co.uk/parents/article-repository/If-you-find-out-your-child-has-been-sexually-abused-or-exploited/]. The NSPCC helpline (0808 800 5000) is available at any time to victims and those offering support (including those supporting victims of historic abuse). You may want to consider plans for supporting members of staff who need to deal with issues that arise.

South Gloucestershire Online Safety Service

We now offer a service to schools to support online safety. This includes a half day visit to audit or plan for online safety improvement as well as a briefing for staff, governors or parents as part of the same visit. The service can also be purchased to include South West Grid for Learning's BOOST service at a discount. For more information visit our website and directory at http://www.integra.co.uk/services/online-services/online-safety/

Safer Internet Day

The slogan for Safer Internet Day 2016 is **Play your part for a better internet!** UK Safer Internet Centre have a **landing page** for the day on their website. They will be updating it as plans emerge for the day. Safer Internet Day will take place on 9 February 2016.

The website provides:
- Information on how to get involved
- A place to find out what others are doing on the day and share your own plans
- Resources for schools to use with young people
- Resources to put on your school website to spread the word including logo, banners and text about the day

Last year over **850 organisations** registered as supporters. You can follow Safer Internet Centre on **social media** for more news. You can also subscribe to the Safer Internet Day newsletter.

Ofsted Common Assessment Framework

Online safety is emphasised more as part of the new framework. As part of the inspection process inspectors must consider the aspects listed on the left in the table below. The right hand column provides some ideas for actions that you may consider to monitor these elements in your school.

The application and effectiveness of **safeguarding policies**	Ensure relevant policies are up to date and on the website for acceptable use and online safety. Ensure safeguarding, anti-bullying and PSHE policies reference the issues. Complete sample interviews with staff, lunch time supervisors and young people to ensure they understand the policies and how to report issues.
The quality of safeguarding **practice**, and evidence that staff are aware of the signs that children may be at risk of harm either within the setting, family or wider community.	Ensure all staff working with young people have received an updated briefing on what to look out for. These include changes to behaviour, for example, becoming withdrawn, lacking confidence, acting out violent scenes from games and tiredness in class. Ensure all understand the reporting mechanisms.
The **timeliness** of response to any safeguarding concerns that are raised.	Check safeguarding and anti-bullying log to see how quickly issues have been responded to. Follow up any resolved issues after a period of time to ensure they do not resurface.
How the **curriculum** contributes to pupils' ability to stay safe and understand risks	Map opportunities in the curriculum for online safety and ensure that all aspects are being taught. This can be checked against the SWGfL Digital Literacy Curriculum. Our primary computing scheme of work (contact us for more information) has links to all the suggested resources. Talk to pupils about their understanding of the aspects they have been taught.

Ofsted Judgement Criteria

The outstanding judgement for Personal Development, Behaviour and Welfare includes the following

- Pupils work hard with the school to prevent all forms of bullying, including **online** bullying …
- Pupils are safe and feel safe at all times. They understand how to keep **themselves** and **others** safe … trust leaders to take rapid and appropriate action to resolve any **concerns** they have.
- Pupils … make informed choices about … their **emotional** and **mental** well-being. They have an age-appropriate understanding of healthy relationships and are confident in **staying safe** from **abuse** and **exploitation**.
- Pupils have an excellent understanding of how to stay safe online, the dangers of inappropriate use of **mobile technology** and **social networking** sites.

The outstanding judgement for leadership and management also includes the statement

- Leaders' work to protect pupils from **radicalisation** and extremism is exemplary. Leaders respond swiftly where pupils are vulnerable to these issues.

Leaders might find it useful to consider how effectively their curriculum addresses the above aspects.

The dangers of being groomed online now extend to potential grooming by extremists for radicalisation as well as the dangers of sexual exploitation.

Prevent statutory guidance was issued under section 29 of the Counter-Terrorism and Security Act 2015 (March 2015). Schools are at the heart of this action to tackle extremism. The Prevent Duty should be firmly embedded in schools' wider safeguarding responsibilities.

Young people are especially vulnerable to being drawn in to extremist ideologies – could be Islamist or far right groups. Schools should take a proportionate approach to implementing the duty, taking account of local circumstances. Risks to pupils will vary from area to area. The approach is about keeping young people safe from harm. Schools can help to protect children from extremist and radicalising views in the same way that they help to safeguard children from drugs, gang violence, sexual exploitation or alcohol.

A general awareness training module can be accessed at http://course.ncalt.com/Channel_General_Awareness/01/index.html

Prevent duty guidance - Publications - GOV.UK

The Prevent duty - Gov.uk

London Grid for Learning have produced some resources to help to brief staff about the background to these issues. These provide video narratives and conversations to explain the issues around far right and ISIS extremism. LGfL have develop the resource with Sara Khan from counter-extremism and women's rights organisation **Inspire**. The resources aim to build confidence and support the safeguarding of young people online and off-line. They also aim to promote discussion about respect, tolerance, community cohesion and shared values. There resources can be accessed on the London Grid for Learning website.

There is also a link on the website to a Northern Grid for Learning power point by Katy Potts and Penny Paterson on radicalisation and extremism that is available to be downloaded and could be used to brief staff.

Information for Parents

Vodaphone Digital Parenting Checklists

Vodaphone produce some useful checklists for parents of different aged children to support them with addressing online safety issues. As we are coming up to Christmas and young people may well be receiving technology as presents we thought it might be useful to circulate these. They can be added to school websites to inform parents.

Under 5 checklist

- **START** setting some boundaries now – it's never too early to do things like set limits for the amount of time they can spend on the computer
- **KEEP** devices like your mobile out of reach and make sure you have passwords/PINs set up on them for the times you might lend them to your child... or for when they simply get hold of them themselves!
- **CHECK** the age ratings and descriptions on apps, games, online TV and films before downloading them and allowing your child to play with or watch them
- **EXPLAIN** your technology rules to grandparents, babysitters and parents of your child's friends so that they stick to them when they're looking after your child
- **REMEMBER** that public Wi-Fi (e.g. in cafés) might not have Parental Controls on it – so, if you hand over your iPad to your child while you're having a coffee, they might be able to access more than you bargained for
- **SET** the homepage on your family computer or tablet to an appropriate website like Cbeebies

Age 6-9 Checklist

- **CREATE** a user account for your child on the family computer with appropriate settings and make the most of Parental Controls and tools like Google SafeSearch
- **AGREE** a list of websites they're allowed to visit and the kind of personal information they shouldn't reveal about themselves online (like the name of their school or their home address)
- **DECIDE** time limits for things like using the internet and playing on games consoles
- **BEAR** in mind what older siblings might be showing them on the internet, mobiles, games consoles and other devices and agree some rules as a whole family
- **TALK** to other parents about their views on things like what age to buy kids a mobile and don't be pressured by your child into letting them use certain technologies if you don't think they're old enough or mature enough... no matter how much they pester you
- **FAMILIARISE** yourself with age ratings and descriptions on games, and apps etc, so that you can be sure your child is only accessing age-appropriate content

Age 10 – 12 checklist

- **MAKE** sure you've set some tech boundaries before they get their first mobile or games console – once they have it in their hands, it can be more difficult to change the way they use it
- **REMIND** your child to keep phones and other devices well hidden when they're out and about to minimise the risk of theft
- **TALK** to them about what they post and share online – written comments, photos and videos all form part of their 'digital footprint' and could be seen by anyone and available on the Web forever
- **DISCUSS** the kind of things they see online – this is the age when they might be looking for information about their changing bodies and exploring relationships, for example
- **HOLD** the line on letting your son or daughter sign up for services like Facebook and YouTube that have a minimum age limit of 13 – talk to other parents and their school to make sure everyone is on the same page
- **REMIND** them that they shouldn't do anything online that they wouldn't do face-to-face

Age 13 + Checklist

- **DON'T** think it's too late to reinforce boundaries or teach your child anything about technology – they might think they have the know-how but they still need your wisdom and guidance
- **TALK** to them about how they might be exploring issues related to their health, wellbeing and body

image online – they might come across inaccurate or dangerous information on the Web at a vulnerable time
- **DISCUSS** how they behave towards others and what they post online and don't shy away from difficult conversations about things like pornography and other risky behaviours, such as sexting
- **GIVE** your child control of their own budget for things like apps / music but make sure you have agreed boundaries so that they manage their money responsibly
- **DISCUSS** things like downloading and plagiarism so that they understand what's legal and what's not
- **ADJUST** the settings on Parental Controls in line with your son or daughter's age and maturity – if they ask you to turn them off completely, think carefully before you do and agree in advance what is acceptable online behaviour

The Digital Parenting website gives information about the Digital Parenting magazine. Schools can order this free of charge for parents.
http://www.vodafone.com/content/parents.html/

It can also be accessed online so it would be a good link to add to your school website.

Childnet Tips on Online Gaming

Childnet have some top tips for online gaming. This is helpful guidance for parents who may have purchased online games for young people and would make a useful item on the school website. The tips are listed below.

1. It may seem daunting, but one of the best things parents and carers can do is to engage with the gaming environment and begin to understand what makes it is so attractive to young people as well as the types of activities that they enjoy!
2. Talk with your children about the types of game(s) they are playing. Are they role-playing games, sports games, strategy games or first person shooters? If you're not sure what they are, ask them to show you how they play and have a go yourself.
3. Some games may offer children the chance to chat with other players by voice and text. Ask them who they are playing with and find out if they are talking to other players. If chat is available, look at the type of language that is used by other players.
4. Look out for age ratings and familiarise yourself with the PEGI icons on games. The PEGI classification gives you a clear indication whether a game is suitable for your child.

The childnet parent site includes a section on hot topics and information on parental controls and gaming. The hot topics section covers the issues that

parents may be concerned about.
http://www.childnet.com/parents-and-carers

Childnet also have a skills school with online videos talking through the safety features of sites which parents can work through with their child. There is one for Club Penguin. http://www.childnet.com/young-people/skills-school Even if children do not use the game it talks through tips that younger children may need to consider in playing other games. This will help to raise awareness of the types of issues and advice parents should be discussing with their child.

The Childnet International – Know IT All for Parents site includes video guides for parents in a number of languages.

http://www.childnet-int.org/kia/parents/

PEGI (Pan European Game Information) Web Site

The PEGI website contains information about games ratings and can be found at the following link.

http://www.pegi.info/en/index/

Parents can search for a game to find out about online associated online safety issues as well as the age rating for the game.

Two examples of the information the site provides about games are shown below.

Minecraft: Story Mode - Assembly Required
Telltale Games
The content of this game is suitable for persons aged 12 years and over only.
It contains: Mild bad language

Grand Theft Auto V
Take2 Interactive Software Europe ltd
The content of this game is suitable for persons aged 18 years and over only.
It contains: Extreme violence - Multiple, motiveless killing - Violence towards defenceless people - Strong language

Parent Info Site

The government has launched a new online tool for schools across the country to give parents the best possible advice and tips on preparing their children for adult life. The site has been created by CEOP and parent zone and can be found at the link below. http://parentinfo.org/article/three-top-tips-for-building-your-child-s-online-resilience

The Parent Info site will give parents the information they need to help them navigate the issues children can now face. These range from spotting the warning signs of self-harm, to having a healthy body image and managing money in a digital world. The site aims to gives parents the confidence and support to speak to their children on these sensitive issues. It also signposts sources of support on specific issues. Up to 550 schools are already hosting the new government-funded site and the site itself has had 48,000 page views in the past month already.

The site was tested by 100 schools who praised the Parent Info toolkit in an extended pilot that launched in January 2015. In the first few weeks alone, the site had more than 30,000 views, with overwhelmingly positive feedback.

Parent Info will provide regular, high quality and accessible advice to parents. The aim is that schools can integrate the free Parent Info newsfeed in to their website. Schools can register to host this advice by visiting the site at www.parentinfo.org.

Learner Information

Childnet Digital Leaders Programme

In September 2015 Childnet launched a new peer-to-peer education programme for secondary schools!

The aim of the Childnet Digital Leaders Programme is to empower young people to champion digital citizenship and digital creativity within their schools. They also want young people to take a lead on educating their peers, parents and teachers about staying safe online.

The programme offers pupils a structured training and ongoing support from Childnet's expert team. They help to make e-safety learning fun and effective and ensure that schools deliver an outstanding whole school community approach to e-safety.

If you would like to find out more, please see www.childnet.com/digital-leaders or email education@childnet.com to receive a school information pack

Share Aware from NSPCC

NSPCC has launched free lesson plans and guidance for teachers on helping children to stay safe online. These resources have received the PSHE Association quality assurance mark.

The KS2 resources focus on dangers of sharing images and risks of chatting online with strangers. There is a supporting PowerPoint to use with the lesson plans.

The resources can be found at the link below.

https://www.nspcc.org.uk/shareaware-schools

Think U Know Resources for Tutor Time

Do the young people you work with watch vlogs or vlog themselves?

Vlogging has become popular amongst young people who hear about young YouTubers finding fame and fortune.

Teen vlogger, Zoella reaches large audiences with her fashion-focused video blogs on YouTube. Many young people are inspired by her success and look to follow in her and others footsteps. This can be great fun and is an exciting opportunity for young people to get creative online.

http://www.thinkuknow.co.uk/14_plus/News/Got-a-great-idea-for-an-online-career-Jamal-and-Zoe-did/

Young people need reminding that online sharing can get out of hand. Think U Know have an interactive film called 'First2amillion' to help explore this with the

young people you work with. The story follows a brother and sister who compete against each other to be the first to receive a million views of their films on YouTube. As the stakes are raised, so are the risks. You can watch the film here, or download the full resource.

The Thinkuknow Toolkit contains a collection of 15 activities ranging from short icebreakers to full sessions covering a range of topics linked to sex, relationships and the internet. It can be downloaded free at the link below

www.thinkuknow.co.uk/teachers/resources.

Contact Details

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