

Little Stoke Primary School

November 2023

Key Dates:

Tuesday 7th November 3:30 -7pm – parents' evening Wednesday 8th November 3:30 – 5:30-pm – parents' evening 13th – 17th November – National anti-bullying week Monday 13th November – wear odd socks to school for anti-bullying week Tuesday 14th November – individual photo day Friday 17th November – Children in Need day Tuesday 28th November – Parent workshop and coffee with Daria – "supporting children's well-being" Thursday 7th December 2pm and 5:30pm – EYFS and KS1 Christmas performance. Friday 8th December – **Christmas lunch and** Christmas jumper day Thursday 14th December, 5:30pm – KS2 Choir – Christmas Carols. Friday 15th December – End of term 2 Tuesday 2nd January 2024 – INSET day, school closed to pupils. Wednesday 3rd January 2024 – start of term 3

Dear Parents and Carers,

It was great to see parents at the meetings this week. If you were not able to meet on the timetabled days, please get in touch with the school office to organise a time to meet your child's teacher so you are updated on how they are getting on in school.

Please see our key dates section for events coming up this term. Later in the newsletter, there is some information from our Education Mental Health Practitioner (EMHP) about an information workshop for parents. We hope to be able to offer more of these in the future. There is a form to complete to let us know that you are able to attend this event.

Anti-bullying week events

Monday 13th November marks the start of Anti-bullying week – this will be noted by odd socks day. Children can wear odd socks to school as part of raising awareness of anti-bullying week.

Friday 17th November – Children in Need. Children can choose to wear something spotty as part of a non-school uniform event and bring in £1 for the Children in Need charity. This information has been communicated in a separate email previously.

We are looking forward to a busy term with a wide variety of celebrations and events. We hope to see many of you at our Christmas events later in the term.

Best wishes,

Mr Dan Ross – Headteacher Twitter: @LittleStokePS Facebook: @littlestokeprimary www.littlestokeps.co.uk



A huge thank you to all the donations for the harvest collection last term. LSPS donated a fantastic amount of food to The Trussell Trust.



Do you have a child, or know a parent with a child, starting school in September 2024?

Please join one of our open events. See details below:



Finding your way around survey

South Gloucestershire Council want to make it easier for people to find their way around our town centres and high streets. They are looking to install new signs and information boards for pedestrians to provide directions and information to help people explore the area and are keen to hear from local people who know their high streets to share their ideas on what local places should be included on any new signs. To get involved please complete the <u>on-line survey</u> by 17th November.

<u>Finding your way around - South Gloucestershire Online</u> <u>Consultations (southglos.gov.uk)</u>

Parent Governor Results

Congratulations to Mrs Alix Mann who has been appointed unchallenged as a new parent governor.

You can find more information about what the role of school governors as well as a list of our governors on the school website:

https://littlestokeps.co.uk/governors/meet-our-governors/

Supporting Mental Health

You are invited to attend a workshop and coffee morning with Daria, our EMHP. This will take place on Tuesday 28th November at 9:30am and will last roughly an hour.

You do not need to book, but please could you let us know if you intend on coming by completing the form below, this way we will have an idea of numbers attending. <u>https://forms.office.com/e/uRwsNGEQS6</u>

Meet Your Educational Mental Health Practitioner (EMHP)...

Daria

Hi I'm Daria (she/her) from the Mental Health Support Team. I'll be working at your school each week, say hello next time you see me!

Starting from this term I will be working at Little Stoke Primary every Tuesday. I am going to be supporting students with anxiety, low mood, and other struggles with wellbeing. I will be using a type of therapy called lowintensity Cognitive Behavioural Therapy (CBT). The support I will be offering will include:

- Working with students on a 1-1 basis to show them ways that they can take care of their mental health.
- Working with parents to give them new ideas for supporting their child's mental health.
- Supporting a 'whole-school approach' to Mental Health, supporting student wellbeing by delivering group workshops, creating resources and lots more!

If you think your child could benefit from some support please speak to a member of staff in school, they will reach out to me and we can discuss how we can best help you. If we can help, we will arrange a 'meet and greet' session, where I can tell you a little bit more about the support I can offer.





