

## **Little Stoke Primary School**

## December 2023

## **Key Dates:**

**Thursday 14<sup>th</sup> December**, 5:30pm – KS2 Choir – Christmas Carols.

Friday 15<sup>th</sup> December – End of term 2

Tuesday 2<sup>nd</sup> January 2024

– INSET day, school closed to pupils.

Wednesday 3<sup>rd</sup> January 2024 – start of term 3

Tuesday 20<sup>th</sup> February 2024, 9:15am – Mental Health coffee morning and workshop (managing challenging behaviour) Dear Parents and Carers,

As we enter the final two weeks of term, we are looking forward to welcoming many of you to the festive events we have planned. Please see the key dates as a reminder of these events.

#### School uniform

School uniform is compulsory and important that Parent and Carers support their child and the school by sending children into school with the correct school uniform.

The reason we insist of school uniform includes:

- Promotes a sense of pride in the school;
- Engenders a sense of community and belonging toward the school;
- Is practical and smart;
- Makes children feel equal to their peers in terms of appearance and avoids fashion statements in school;
- Is regarded as suitable wear for school and is considered as good value for money by parents and carers;
- Is designed with health and safety considerations in mind.

We wish to help the children get into good habits around wearing the correct uniform. Parents may be aware that when children get to secondary school the expectations are likely to be much tighter – children may receive sanctions or even be sent home for not wearing the correct uniform.

Our expectations are simple and set out clearly in the home-school agreement. Every parent/carer who sends their child to LSPS has agreed to follow what is set out in this agreement.

https://littlestokeps.co.uk/parentscarers/policies/

If you child has forest school in the morning, they must come to school with their correct school uniform to change back into after.

Thank you for your continued support as we reach the end of term. As this will be the last newsletter of this year, I wish all of our community a very merry Christmas and a happy new year.

Best wishes,

Mr Dan Ross – Headteacher Twitter: @LittleStokePS Facebook: @littlestokeprimary



## **Ordering school meals**

Please could Parents/Carers use the online booking system to preorder lunches for children. This helps the kitchen prepare the correct quantity of food; it also saves time in the mornings if the lunch register is pre-populated. If you are having any problems with ordering, please see the office for support.

https://app.schoolgrid.co.uk/

The current menu can be found on the school website:

https://littlestokeps.co.uk/school-meals/

#### Well done to Y5 and Y6 basketball players

10 children from Y5 and Y6 participated in The Flyers Cup basketball competition.

Although the team did not win, they were commended on how well they represented our school with their behaviour, attitude and collaboration.



**Bristol Sport Foundation** @BSFound ⋅ Nov 21 **Flyers Cup Part I** 

Such a fun morning at @sgs\_college for the first round of our @BristolFlyers Cup Inter-School event as 5 teams took to the court.

@StPetersPilning, @LittleStokePS, Chew Stoke, St Bernard's & 
 @glenfromep battled it out to reach the final.

#### **Gardening club**

A huge thank you to gardening club who have been working incredibly hard to prepare our plots for planting in the spring. The beds are being cleared and a new compost area will be constructed to help sustain growth.



#### **School Council**

School council have been tasked with reducing the amount of waste that is going from school to landfill. In order to recycle more, new bins have been provided and old bins re-purposed to ensure that we are recycling as much waste as possible.

The school council have promoted the new systems in a whole school assembly and will be regularly updated as to the impact the new systems are having. Parents and Carers can help with this by sending snacks in labelled reusable containers; reducing the amount of plastic bags and single use plastics being thrown away.



#### **Supporting Mental Health**

You are invited to attend a workshop and coffee morning with Daria, our EMHP. This will take place on Tuesday 20<sup>th</sup> February 2024 at 9:15am. It is a very informal way of finding out more about how parents and carers can support the mental health of children at home.

You do not need to book, but please could you let us know if you intend on coming by completing the form below, this way we will have an idea of numbers attending. https://forms.office.com/e/7LwfStx8CY

# Meet Your Educational Mental Health Practitioner (EMHP)...

# Daria

Hi I'm Daria (she/her) from the Mental Health Support Team. I'll be working at your school each week, say hello next time you see me!

Starting from this term I will be working at Little Stoke
Primary every Tuesday. I am going to be supporting
students with anxiety, low mood, and other struggles with
wellbeing. I will be using a type of therapy called lowintensity Cognitive Behavioural Therapy (CBT). The
support I will be offering will include:

- Working with students on a 1-1 basis to show them ways that they can take care of their mental health.
- · Working with parents to give them new ideas for supporting their child's mental health.
- Supporting a 'whole-school approach' to Mental Health, supporting student wellbeing by delivering group workshops, creating resources and lots more!

If you think your child could benefit from some support please speak to a member of staff in school, they will reach out to me and we can discuss how we can best help you. If we can help, we will arrange a 'meet and greet' session, where I can tell you a little bit more about the support I can offer.





