



Little Stoke Primary School

February 2024

Key Dates:

Monday 19th February – Start of term 4

Tuesday 20th February 2024, 9:15am – Mental Health coffee morning and workshop (managing challenging behaviour). Please see below for more information.

Tuesday 20th February – Y3 visit Cheddar Gorge

Parents evening:

Wednesday 28th February 3:30 – 5:30pm

Thursday 29th February 3:30 – 7pm

(This will be available to book via Arbor from Monday 12th February at 6pm)

Thursday 7th March – world book day (details will be sent after half term)

Tuesday 19th March – Y6 lifeskills visit

Tuesday 26th March – YR visit to Court Farm

Thursday 28th March – End of term 4

Monday 15th March – start of term 5

Dear Parents and Carers,

We have now reached the end of term 3 and have reached the half way point in the year. I hope that all our families are able to have a restful half term break.

Please see below for some key information as well as dates coming up in term 4.

Car park – health and safety

As has been communicated before, a reminder that the car park is for visitors and staff only. **No parent should be coming onto site to drop their child to school** unless they have a specific need and have organised this in advance with the school. This is an important health and safety issue and we need all parents to follow these rules.

We are working with all the organisations that use the site to make sure that these important safety rules are applied consistently. As part of our healthy travel scheme, we would encourage all children to come to school on foot, bike or scooter. We ask that parents do not park directly outside the school as this causes further hazards on the roads.

There will be further information about the arrangements for the car park, but please do not drive on to site at any point.

Mental health session

If you are attending the supporting mental health session, please let us know by completing the form (the link can be found further on in this newsletter).

Best wishes,

Mr Dan Ross – Headteacher
Twitter: @LittleStokePS
Facebook: @littlestokeprimary
www.littlestokeps.co.uk



Information about foster carers from South Glos

Please see further information on the flyer sent with this newsletter



If you think you could make a difference to a young person's life, get in touch today for an informal chat about what's involved.

Tel: **01452 491 980**

or visit us online at:
www.nexusfostering.co.uk/Gloucester

Unit A5 | Elmbridge Court | Cheltenham Road East | Gloucester | GL3 1JZ

Ofsted Outstanding Provider

Facebook, Instagram, LinkedIn, YouTube

nexus fostering



Lunchtime supervisor role

Do you like working with children? Are you looking for some additional income? Or know someone who is?

We have an opening for a lunchtime supervisor at Little Stoke Primary School. See our eteach page or contact the school on 01454 866522 for more information:

<https://www.eteach.com/jobs?empNo=25703>

Safeguarding update – Parental controls on Smart devices



Children and young people are growing up in a world where mobile devices are fully integrated into everyday life. Almost all children will have access to either their own or use of a Smart Phone or Mobile device in their day-to-day interactions.

There are many benefits that these devices bring; but there are risks too. There is lots of useful information and resources which can help minimise these risks. Please see the links below to learn more about how to add parental controls and support your children to keep safe whilst using mobile devices.

How to guides from EE for adding parental control to iPhone and Android devices:

<https://eephonesmart.co.uk/online-safety-tips/guide-to-parental-controls/>

The NSPCC have a wide range of advice and guides for keeping children safe on a range of devices:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>

Supporting Mental Health

You are invited to attend a workshop and coffee morning with Daria, our EMHP. This will take place on Tuesday 20th February 2024 at 9:15am. It is a very informal way of finding out more about how parents and carers can support the mental health of children at home.

You do not need to book, but please could you let us know if you intend on coming by completing the form below, this way we will have an idea of numbers attending.

<https://forms.office.com/e/7LwfStx8CY>

Meet Your Educational Mental Health Practitioner (EMHP)...

Daria

Hi I'm Daria (she/her) from the Mental Health Support Team. I'll be working at your school each week, say hello next time you see me!



Starting from this term I will be working at Little Stoke Primary every Tuesday. I am going to be supporting students with anxiety, low mood, and other struggles with wellbeing. I will be using a type of therapy called low-intensity Cognitive Behavioural Therapy (CBT). The support I will be offering will include:

- Working with students on a 1-1 basis to show them ways that they can take care of their mental health.
- Working with parents to give them new ideas for supporting their child's mental health.
- Supporting a 'whole-school approach' to Mental Health, supporting student wellbeing by delivering group workshops, creating resources and lots more!

If you think your child could benefit from some support please speak to a member of staff in school, they will reach out to me and we can discuss how we can best help you. If we can help, we will arrange a 'meet and greet' session, where I can tell you a little bit more about the support I can offer.