



Little Stoke Primary School

January 2024

Key Dates:

Monday 5th February – Children's mental health week (including safe internet day)

Thursday 18th January – Try a school dinner day – change of menu.

Tuesday 6th February – Sports Champion visit

Thursday 8th February – Y2 visit SS Great Britain

Friday 9th February – End of term 3

Monday 19th February – Start of term 4

Tuesday 20th February 2024, 9:15am – **Mental Health** coffee morning and workshop (managing challenging behaviour). Please see below for more information.

Tuesday 20th February – Y3 visit Cheddar Gorge

Thurs 18th January - 'Diner Day Menu'

Big City Burger
Route 66 Nuggets (VG)
Hawaiian Pizza
Order online

Dear Parents and Carers,

Welcome back to term 3. I hope you had an enjoyable festive break, I imagine for some it was quite a busy period but I hope you managed to get some relaxation in. Please see key dates for upcoming events. A reminder one again about school uniform expectations. Also, a reminder for children to have warmer clothes for forest school and PE in these colder months.

School uniform

School uniform is compulsory and important that Parent and Carers support their child and the school by sending children into school with the correct school uniform.

The reason we insist of school uniform includes:

- Promotes a sense of pride in the school;
- Engenders a sense of community and belonging toward the school;
- Is practical and smart;
- Makes children feel equal to their peers in terms of appearance and avoids fashion statements in school;
- Is regarded as suitable wear for school and is considered as good value for money by parents and carers;
- Is designed with health and safety considerations in mind.

We wish to help the children get into good habits around wearing the correct uniform. Parents may be aware that when children get to secondary school the expectations are likely to be much tighter – children may receive sanctions or even be sent home for not wearing the correct uniform.

Our expectations are simple and set out clearly in the home-school agreement. Every parent/carer who sends their child to LSPS has agreed to follow what is set out in this agreement.

<https://littlestokeys.co.uk/parentscarers/policies/>

If you child has forest school in the morning, they must come to school with their correct school uniform to change back into after.

Best wishes,

Mr Dan Ross – Headteacher
Twitter: @LittleStokePS
Facebook: @littlestokeprimary



Staffing update



We are pleased to announce that Mrs Cook (Y3 teacher) is expecting her first child. She is planning to start her maternity leave at the end of Term 4. We are now recruiting to this role.

A reminder that Mrs Taylor (EYFS) starts her maternity leave at the end of this term. The recruitment process is ongoing for this role as we ensure we find the right candidate.

Welcome to...

A warm welcome to Mrs Angela Peregreen who has joined us this term as pastoral HLTA and will be supporting pastoral interventions Monday – Wednesday along with Mrs Rachel Parker (Thursday and Friday).



Lunchtime supervisor role

Do you like working with children? Are you looking for some additional income? Or know someone who is?

We have an opening for a lunchtime supervisor at Little Stoke Primary School. See our eteach page or contact the school on 01454 866522 for more information:

<https://www.eteach.com/jobs?empNo=25703>

Safeguarding update – Parental controls on Smart devices



Children and young people are growing up in a world where mobile devices are fully integrated into everyday life. Almost all children will have access to either their own or use of a Smart Phone or Mobile device in their day-to-day interactions.

There are many benefits that these devices bring; but there are risks too. There is lots of useful information and resources which can help minimise these risks. Please see the links below to learn more about how to add parental controls and support your children to keep safe whilst using mobile devices.

How to guides from EE for adding parental control to iPhone and Android devices:

<https://eephonesmart.co.uk/online-safety-tips/guide-to-parental-controls/>

The NSPCC have a wide range of advice and guides for keeping children safe on a range of devices:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>

Supporting Mental Health

You are invited to attend a workshop and coffee morning with Daria, our EMHP. This will take place on Tuesday 20th February 2024 at 9:15am. It is a very informal way of finding out more about how parents and carers can support the mental health of children at home.

You do not need to book, but please could you let us know if you intend on coming by completing the form below, this way we will have an idea of numbers attending.

<https://forms.office.com/e/7LwfStx8CY>

Meet Your Educational Mental Health Practitioner (EMHP)...

Daria

Hi I'm Daria (she/her) from the Mental Health Support Team. I'll be working at your school each week, say hello next time you see me!



Starting from this term I will be working at Little Stoke Primary every Tuesday. I am going to be supporting students with anxiety, low mood, and other struggles with wellbeing. I will be using a type of therapy called low-intensity Cognitive Behavioural Therapy (CBT). The support I will be offering will include:

- Working with students on a 1-1 basis to show them ways that they can take care of their mental health.
- Working with parents to give them new ideas for supporting their child's mental health.
- Supporting a 'whole-school approach' to Mental Health, supporting student wellbeing by delivering group workshops, creating resources and lots more!

If you think your child could benefit from some support please speak to a member of staff in school, they will reach out to me and we can discuss how we can best help you. If we can help, we will arrange a 'meet and greet' session, where I can tell you a little bit more about the support I can offer.